

THINGS TO PACK FOR A SPEED SKATING MEET

Equipment

- | | |
|--|---|
| <input type="checkbox"/> Ankle guards | <input type="checkbox"/> Shin pads |
| <input type="checkbox"/> Drying cloth | <input type="checkbox"/> Shirts x2 |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Skates |
| <input type="checkbox"/> Goggles/Glasses | <input type="checkbox"/> Skate guards (soft and hard) |
| <input type="checkbox"/> Helmet | <input type="checkbox"/> Socks x2 |
| <input type="checkbox"/> Helmet cover | <input type="checkbox"/> Sweater/Jacket x2 |
| <input type="checkbox"/> Knee pads | <input type="checkbox"/> Underwear x2 |
| <input type="checkbox"/> Neck guard | <input type="checkbox"/> Water bottle |
| <input type="checkbox"/> Pants x2 | <input type="checkbox"/> _____ |

Food and Related

- | | |
|---|----------------------------------|
| <input type="checkbox"/> Breakfast entrée | <input type="checkbox"/> Napkins |
| <input type="checkbox"/> Chip clips | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Fruit | <input type="checkbox"/> Veggies |
| <input type="checkbox"/> Juice/water | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Lunch entrée | <input type="checkbox"/> _____ |

Activities

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|--------------------------------------|----------------------------------|
| <input type="checkbox"/> Books | <input type="checkbox"/> Pencils |
| <input type="checkbox"/> Cards/Games | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Paper | <input type="checkbox"/> _____ |

Miscellaneous

- | | |
|---|---|
| <input type="checkbox"/> Blanket | <input type="checkbox"/> Hats |
| <input type="checkbox"/> Cash (for snacks, hot drinks, vendors, etc.) | <input type="checkbox"/> Meet schedule |
| <input type="checkbox"/> Directions to the meet | <input type="checkbox"/> Registration information (if required) |
| <input type="checkbox"/> Gloves/mittens | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Hair dryer | <input type="checkbox"/> _____ |